





Provincial Family  
Resource Networks

# September 2022

Contact Michelle: Email -  
michelle.reed@mcmcentral.ca  
OR  
Call/Text: 403-443-0304

SUN	MON	TUE	WED	THU	FRI	SAT
	DH - Drummheller TH - Three Hills TR - Trochu L - Linden C - Carbon					
4	5 Labour Day - No programming	6 No Tot program in Three Hills Youth Alliance (TH): 3:30pm - 4:30pm Teen Alliance (TH): 4:30pm - 5:30pm	7 Tot n Me: Kimochis (DH): 1:00pm - 2:00pm Three Hills Discovery Night: 5:30pm - 7:00pm	8 Tot n Me (C): 1:30pm - 2:30pm Lego Club (L): 3:30pm - 4:30pm Youth Alliance (L): 4:30pm - 5:30pm	9 Tot n Me (TR): 11:00am - 12:30pm Lego Club (TR): 3:30pm - 4:30pm Youth Alliance (TR): 4:30pm - 5:30pm	10
11	12 Tot n Me (DH): 11:00am - 12:30pm Youth Alliance (DH): 3:30pm - 4:30pm Anxiety Relief for Teens (DH): 4:30pm - 5:30pm	13 Tot n Me (TH): 11:00am - 12:30pm Youth Alliance (TH): 3:30pm - 4:30pm Teen Alliance (TH): 4:30pm - 5:30pm	14 No programming in Drummheller	15 No programming in Linden or Carbon	16 No programming in Trochu	17
18	19 Tot n Me (DH): 11:00am - 12:30pm Youth Alliance (DH): 3:30pm - 4:30pm Anxiety Relief for Teens (DH): 4:30pm - 5:30pm	20 Tot n Me (TH): 11:00am - 12:30pm Youth Alliance (TH): 3:30pm - 4:30pm Teen Alliance (TH): 4:30pm - 5:30pm	21 Tot n Me: Kimochis (DH): 1:00pm - 2:00pm Lego Club (DH): 3:30pm - 4:30pm Internet Safety (DH): 5:30pm - 6:30pm	22 Tot n Me (C): 1:30pm - 2:30pm Lego Club (L): 3:30pm - 4:30pm Youth Alliance (L): 4:30pm - 5:30pm	23 Tot n Me (TR): 11:00am - 12:30pm Teen Drop-In (DH): Time TBD	24 Internet Safety (DH): 11:00am - 12:00pm
25	26 Tot n Me (DH): 11:00am - 12:30pm Youth Alliance (DH): 3:30pm - 4:30pm Teen Alliance (DH): 4:30pm - 5:30pm	27 No Programming in Three Hills	28 Tot n Me: Kimochis (DH): 1:00pm - 2:00pm Lego Club (DH): 3:30pm - 4:30pm Group Triple P (DH): 5:30pm - 7:00pm	29 Tot n Me (C): 1:30pm - 2:30pm Lego Club (L): 3:30pm - 4:30pm Youth Alliance (L): 4:30pm - 5:30pm	30 Truth and Reconciliation Day - Programming TBD	



# SEPTEMBER 2022

## Program Calendar

Call/ Text  
Alysha -  
403-334-5944

SUN	MON	TUE	WED	THU	FRI	SAT
	Y - Youngstown D - Delia H - Hanna M - Morrin C - Cessford			1 Stroller Time (H) 9:00am - 10:00am  Youth Alliance (Y) 4:00pm - 5:00pm	2 Tot & Me (H) 10:30am - 12:00pm  Youth Alliance (H) 4:00pm - 5:00pm	3
4	5 Labour Day  No Programming	6 Tot & Me (D) 9:00am - 10:00am	7 Tot & Me (Y) 10:30am - 11:30am  Afterschool Alliance (C) 3:30pm - 4:30pm	8 No Stroller Time in Hanna  Youth Alliance (Y) 4:00pm - 5:00pm	9 Tot & Me (H) 10:30am - 12:00pm Youth Alliance (H) 4:00pm - 5:00pm Hanna Family Movie Night (H) Starts @ 7:00pm	10
11	12 Tot & Me (H) 10:30am - 12:00pm  Make it Monday (H) 4:00pm - 5:00pm	13 Tot & Me (D) 9:00am - 10:00am	14 Tot & Me (Y) 10:30am - 11:30am  Afterschool Alliance (C) 3:30pm - 4:30pm	15 Stroller Time (H) 9:00am - 10:00am Internet Safety (H) 12:00pm - 2:00pm Youth Alliance (Y) 4:00pm - 5:00pm	16 Tot & Me (H) 10:30am - 12:00pm  Youth Alliance (H) 4:00pm - 5:00pm	17
18	19 Tot & Me (H) 10:30am - 12:00pm  Make it Monday (H) 4:00pm - 5:00pm	20 Tot & Me (D) 9:00am - 10:00am	21 Tot & Me (Y) 10:30am - 11:30am  Afterschool Alliance (C) 3:30pm - 4:30pm	22 Stroller Time (H) 9:00am - 10:00am  Youth Alliance (Y) 4:00pm - 5:00pm	23 Tot & Me (H) 10:30am - 12:00pm  No Youth Alliance In Hanna	24
25	26 Tot & Me (H) 10:30am - 12:00pm Social Emotional Info (H) 12:00pm - 2:00pm Make it Monday (H) 4:00pm - 5:00pm	27 Tot & Me (D) 9:00am - 10:00am	28 Tot & Me (Y) 10:30am - 11:30am  Afterschool Alliance (C) 3:30pm - 4:30pm	29 Stroller Time (H) 9:00am - 10:00am Parental Burnout (H) 12:00pm - 2:00pm Youth Alliance (Y) 4:00pm - 5:00pm	30 Truth and Reconciliation Day Programming - TBD	

