



# August 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1 BABY & YOU WETASKIWIN GLOW	2 WETASKIWIN L&P LAKEDELL L&P	3
4	5 NO PROGRAMS	6 SUPPORT & PLAY GROUP BABY & YOU	7 WINFIELD MOMS & TOTS RIMBEY L&P WINFIELD GLOW Moms Matter	8 WETASKIWIN GLOW	9 WETASKIWIN L&P LAKEDELL L&P	10
11	12 MILLET L&P PONOKA L&P MILLET GLOW COOKING GROUP	13 FAMILY PLAY GROUP BABY & YOU	14 WINFIELD MOMS & TOTS RIMBEY L&P WINFIELD GLOW ConnectGenZ	15 BABY & YOU WETASKIWIN GLOW	16 WETASKIWIN L&P LAKEDELL L&P	17
18	19 MILLET L&P PONOKA L&P MILLET GLOW COOKING GROUP	20 SUPPORT & PLAY GROUP BABY & YOU	21 WINFIELD MOMS & TOTS RIMBEY L&P WINFIELD GLOW Moms Matter	22 BABY & YOU WETASKIWIN GLOW	23 WETASKIWIN L&P LAKEDELL L&P	24
25	26 MILLET L&P MILLET GLOW COOKING GROUP	27 FAMILY PLAY GROUP BABY & YOU COPE	28 WINFIELD MOMS & TOTS RIMBEY L&P WINFIELD GLOW ConnectGenZ	29 BABY & YOU WETASKIWIN GLOW	30 WETASKIWIN L&P	31

Alberta Provincial Family Resource Networks

\* Must pre-register

## \*LEARN AND PLAY

MILLET 10:00-12:00  
RIMBEY 10:00-12:00  
WETASKIWIN 10:00-12:00  
PONOKA 10:00-12:00  
LAKEDELL 10:00-12:00  
WINFIELD MOMS & TOTS 9:00-11:00



SCAN ME

## \*GLOW

MILLET 1:00-2:30  
WINFIELD 1:00-2:30  
WETASKIWIN 1:00-2:30

## \*COPE SERIES

WETASKIWIN @ 6:00-7:30

## \*MOMS MATTER

WETASKIWIN @ 6-7:30

## \*CONNECTGENZ

WETASKIWIN @ 2-3:30

## \*COOKING GROUP

WETASKIWIN @ 2:00-3:30

## WETASKIWIN BABY & YOU

TUESDAY @ 1:30-3:00

THURSDAY @ 10:30-12:00

## WETASKIWIN FAMILY PLAY GROUP

AUGUST 13 AND 27 @ 10:00-12:00

## SUPPORT & PLAY GROUP FOR FAMILIES OF CHILDREN WITH DISABILITIES

AUGUST 6 AND 20 @ 10:00-11:30

**\*LEARN & PLAY:**

Come on in and let your children play. Developmental activities, stories, games and more. Snacks and drinks are provided each week. For **ages 0-6** and older siblings are welcome. **\*Parents must stay for this group and pre-register.**

**\*GLOW:**

Come on in and join us for new activities each week. Snacks and drinks are provided each week. **For ages 6-12.**  
**\*Parents are welcome to stay or they can drop off for this group and must pre-register.**

**BABY & YOU:**

In collaboration with AHS. This group is a great opportunity to connect with other parents, be you expecting or experienced.  
**First Tuesday and Third Thursday** of each month will have an **AHS nurse** present to answer questions and weigh baby!

**\*COOKING GROUP:**

Monthly cooking class, new recipe each month. Three options for date registration. Kids aged **9-13** can come and try out their cooking skills.  
**\*Children must be pre-registered to join this group and may only join one class per month.**

**FAMILY PLAY GROUP:**

Get out of the house and come spend some time with your children at our facilities. **All ages welcome!**

**\*MOMS MATTER:**

Come take some time to yourself. Activities, refreshments, conversations, and awesome company to help decompress.  
**\*Child care is limited, pre-registration is required.**

**SUPPORT AND PLAY GROUP FOR FAMILIES OF CHILDREN WITH DISABILITIES:**

Come connect with other parents and caregivers of children with additional needs. Bring the kids to play or come alone. **All ages welcome!**

**\*CONNECTGENZ:**

Teens can come together in a safe and welcoming environment. Have engaging conversations, entertaining activities, and make meaningful connections.

**\*Must pre-register, ages 11-16.**

**Locations:**

**WETASKIWIN:** McMan Office- 4415A 49th Street

**MILLET:** Town of Millet (the old school gym) 4528 51st Street

**RIMBEY L&P:** Blindman Youth Action Centre- 4907 40th Street

**WINFIELD GLOW:** Winfield Ag. Society-401 6th Street E

**WINFIELD MOMS & TOTS:** Winfield Ag. Society-401 6th Street E

**LAKEDELL L&P:** Lakedell Ag. Society RR 2

**PONOKA L&P:** Youth Centre- 5004 54th Street



SCAN ME

**Other Community Events we are attending:**

**Play in the Park**

July 30 & August 1 - Queen Elizabeth School Park

August 6 & 8 - Norwood School Park

August 13 & 15 - Lynn Alta Park (37 Ave. & 54 St.)

August 20-& 22 - Clear Vista School Park

**Library Summer Wrap-Up**

August 24th @ 11-3