

October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 0-6 7-13 13+ Family Parent Education	3 Kindermusik (LAC) 10-11:30 Virtual Book Club 1-3	4 Preschool Fluoride (BLFDS) 9-12 Preschool Pals (LAC) 9:30-11:30 E-Connect 6:30-8	5 Preschool Pals (CLIVE/BLFDS) 9:30-11:30	6 Mother's Grace (LAC) 10-11:30 Speech/Language Workshop (LAC) 6:30-7:30 Strategies for the Anxious Child (Zoom) 7-8:30	7 Ignite (BENT) 3:30-5	8
9	10 	11 Baby Buddies (LAC) 10-11:30 Moms Matter (LAC) 1-3 E-Connect 6:30-8	12 Preschool Pals (CLIVE/BLFDS) 9:30-11:30 Moms Matter (BLFDS) 1-3	13 Mother's Grace (LAC) 10-11:30 Ignite (CLIVE) 3:30-5 Speech/Language Workshop (LAC) 6:30-7:30 Self-Regulation (Zoom) 7-8:30	14	15
16	17 Baby Buddies (BLFDS) 10-11:30 Virtual Book Club 1-3	18 Preschool Pals (LAC) 10-12 E-Connect 6:30-8	19 Preschool Pals (CLIVE/BLFDS) 9:30-11:30 Special Needs Support Group (BLFDS) 1-3 Potluck & Play (BENT) 6-8	20 Mother's Grace (LAC) 10-11:30 Lego Club (LAC) 3:30-5 Speech/Language Workshop (LAC) 6:30-7:30 Childhood Trauma (Zoom) 7-8:30	21 13+ Escape Room & Pizza (ALIX) 4-6:30	22
23	24 Kindermusik (LAC) 10-11:30 Connecting Clans (ALIX) 6:30-8:30	25 Baby Buddies (LAC) 10-11:30 Ignite (LAC) 3:30-5 E-Connect 6:30-8	26 Preschool Pals (CLIVE/BLFDS) 9:30-11:30 Ignite (BLFDS) 3:45-5:15	27 Mother's Grace (LAC) 10-11:30 Speech/Language Workshop (LAC) 6:30-7:30 Childhood Anger (Zoom) 7-8:30	28 Family Pumpkin Carving Drop-In (LAC) 1-4	29
30	31 Baby Buddies (BLFDS) 10-11:30					
Facebook & Instagram @LacombeFRN						

To register or more information,
madison.rankin@mcmancentral.ca OR 403.877.7439

REGISTRATION PREFERRED:

Baby Buddies: For parents/caregivers and babies 0-18 months. Social, guest speakers, and more.

Preschool Pals: For parents/caregivers and preschoolers. Craft, story, play!

Kindermusik: Join us for different themes, songs, and dance. Meet new friends too!

Ignite: For 7-13 year-olds. Play, create, plant, cook, paint...whatever Miss Madison comes up with!

13+: For 13-18 year-olds. Fun activities to spend time with friends, do activities, and have some fun!

REGISTRATION REQUIRED:

Preschool Fluoride: Fluoride varnish treatments provided by AHS for 1 & 2 year-olds. FREE. Booking required, karen.white@mcmancentral.ca

Moms Matter: A time for moms to do an activity for them, while the kiddos play!

Mother's Grace: Registration Closed. An 8-week post-partum support group for those who are pregnant or have a baby, 18 months old or younger, facilitated by AHS. Childcare is provided.

Virtual Book Club: Bi-weekly get together over Zoom to chat about the book, "I'll Be There (But I'll Be Wearing Sweatpants)" by Amy Weatherly and Jess Johnston.

Special Needs Support Group: Support and care for parents/caregivers of those with special needs, and a time for play and interaction for the kiddos. To register/more information, call Angela Woodcock 403.877.8438 or angela.woodcock@mcmancentral.ca

Speech-Language Parent Workshop: A workshop providing information, milestones, and 1-2 strategies to practice in everyday life. For parents/caregivers of children 0-6. There will be 5 sessions, attend the ones of your choosing. 6th - Sounds Awareness/Pre-Reading Skills, 13th - Play & Social Skills, 20th - Building Vocabulary, 27th - Speech & Articulation Facilitator: Angele Fournier

Sessions with Tammy Auten-Dye: Local psychologist covering different topics in sessions over Zoom. 6th - Strategies for the Anxious Child, 13th - Self-Regulation, 20th - Childhood Trauma, 27th - Childhood Anger. To register/more information, call Karen White 403.896.3408 or karen.white@mcmancentral.ca

E-Connect/Connect Parent Group: A 9-week program to support parents/caregivers of pre-teens and teens with difficult behavioural and emotional problems. Each session provides parents with a new perspective on parent-teen relationship and adolescent development. To register/more information: E-Connect - Karen White 403.896.3408 In person - Maria Meyers 403.307.6221

Watch FB for additional details.

Lacombe & Area
Family Resource Network
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