

McMan Spoke Service Wetaskiwin- Family Resource Network

March 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 McMan	McMan Spoke Service- Wetaskiwin 4415A 49th Street, Wetaskiwin wendy.woychuk@mcmancentral.ca 780-360-4124					
			1 Rimbey Learn & Play 10:30am-Noon Rhyming Tots Wetaskiwin 10 am -11 :30am Blindman River Hall 1-3 pm	2	3 Wetaskiwin Learn & Play 10:30am-Noon Kat-Library Wetaskiwin Glow 3:30-5 pm	4
5	6 Millet Learn & Play 10:30am-Noon Millet Glow 3:30pm-5:00pm	7 Nobody's Perfect 10:30-Noon Wetaskiwin Baby & You 1:30 - 3:00pm	8 Rimbey Learn & Play 10:30am-Noon Rhyming Tots Wetaskiwin 10 am -11:30 am	9	10 Wetaskiwin Learn & Play 10:30am- Noon Wetaskiwin Glow 3:30-5 pm Kat-Library	11 Dad's Group 10 am-Noon Wetaskiwin Office
12	13 Millet Learn & Play 10:30am-Noon Millet Glow 3:30pm-5:00pm	14 Nobody's Perfect 10:30-Noon Wetaskiwin Baby & You	15 Rimbey Learn & Play 10:30am-Noon Rhyming Tots Wetaskiwin 10 am -11:30 am Blindman River Hall 1-3 pm	16	17 Wetaskiwin Learn & Play 10:30am- Noon Wetaskiwin Glow 3:30-5 pm	18
19	20 Millet Learn & Play 10:30am-Noon Millet Glow 3:30pm-5:00pm	21 Nobody's Perfect 10:30-Noon Wetaskiwin Baby & You 1:30 - 3:00pm	22 Rimbey Learn & Play 10:30am-Noon Rhyming Tots Wetaskiwin 10 am -11:30 am	23	24 Wetaskiwin Learn & Play 10:30am-Noon Wetaskiwin Glow 3:30-5 pm	25 Dad's Group 10 am-Noon Wetaskiwin Office
26	27 Millet Learn & Play 10:30am-Noon Millet Glow 3:30pm-5:00pm	28 Nobody's Perfect 10:30-Noon Wetaskiwin Baby & You 1:30 - 3:00pm				

FOR MORE INFORMATION EMAIL OR TEXT

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Learn & Play: Let your children play. Developmental activities, stories, games and more. Snacks provided. Ages 0-6 older siblings welcome. Parents stay for this group

Glow: Join us for new activities each week. Ages 6-16, snacks provided. Parents are welcome.

Rhyming Tots: Drop in– Oral language fun with rhyming songs and stories. At McMan Wetaskiwin.

Baby & You: Time to connect with other new moms, breastfeeding support, option to have your baby weighed, tips & advice from a public health nurse. Parenting tips.

Wetaskiwin– McMan Office 4415A-49 Street

Rimbey– Blindman Youth Action Center 4907-49th Street

Millet– 4528-51 Street Town of Millet (the old school in the gym)

Blindman River Hall– Blindman River Hall

Watch for any updates or changes to our programs on our Facebook page

McMan Central Region Wendy

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