

McMan Spoke Service Wetaskiwin– Family Resource Network

January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>McMan Spoke Service– Wetaskiwin 4415A 49th Street, Wetaskiwin Wendy.woychuk@mcmancentral.ca 780-360-4124</p>						
1 Happy New Year	2 Office Closed	3 Ponoka Learn & Play 10:30am– 12:00pm Wetaskiwin Baby & You 1:30pm - 3:00pm	4 Rimbey Learn & Play 10:30am–11:30 am	5 Blindman River Hall 10:00am –12:00pm	6 Wetaskiwin Learn & Play 10:30am– 12:00pm Wetaskiwin Glow 3:30pm-5:00pm	7
8	9 Millet Learn & Play 10:30am– 12:00pm Millet Glow 3:30pm-5:00pm	10 Ponoka Learn & Play 10:30am– 12:00pm Wetaskiwin Baby & You 1:30pm - 3:00pm	11 Rimbey Learn & Play 10:30am–12:00pm Rhyming Tots Wetaskiwin 10:00am –11:00am	12 Staff Day	13 Wetaskiwin Learn & Play 10:30am– 12:00pm Wetaskiwin Glow 3:30pm-5:00pm	14
15	16 Millet Learn & Play 10:30am– 12:00pm Millet Glow 3:30pm— 5:00pm	17 Ponoka Learn & Play 10:30am–Noon Triple P 10-Noon Wetaskiwin Baby & You 1:30pm -3:00pm	18 Rimbey Learn & Play 10:30am12:00 pm Rhyming Tots Wetaskiwin 10:00am –11:00am	19 Staff Day	20 Wetaskiwin Learn & Play 10:30am– 12:00pm Wetaskiwin Glow 3:30pm-5:00pm	21
22	23 Millet Learn & Play 10:30am– 12:00pm Millet Glow 3:30pm- 5:00pm	24 Ponoka Learn & Play 10:30am–Noon Triple P 10-Noon Wetaskiwin Baby & You 1:30pm - 3:00pm	25 Rimbey Learn & Play 10:30am12:00 pm - Rhyming Tots Wetaskiwin 10:00am –11:00am	26 Blindman River Hall 10:00am –12:00pm	27 Wetaskiwin Learn & Play 10:30am–12:00pm Wetaskiwin Glow 3:30pm-5:00pm	28
29	30 Millet Learn & Play 10:30am– 12:00pm PD Event 2-4 PM	31 Ponoka Learn & Play 10:30am–Noon Triple P 10-Noon Wetaskiwin Baby & You 1:30pm - 3:00pm				

TO REGISTER (OR MORE INFORMATION):

wendy.woychuk@mcmancentral.ca 780-360-4124

Learn & Play: Let your children play. Developmental activities, stories, games and more. Snacks provided. Ages 0-6 older siblings welcome.

Glow: Join us for new activities each week. Ages 6-16, snacks provided.

**PD Event on Jan 30 will replace Millet Glow group that week
All Glow members welcome**

Rhyming Tots: Drop in– Oral language fun with rhyming songs and stories. At McMan Wetaskiwin.

Baby & You: Time to connect with other new moms, breastfeeding support, option to have your baby weighed, tips & advice from a public health nurse. Parenting tips.

Wetaskiwin– McMan Office 4415 A 49 Street

Rimbey– Blindman Youth Action Center 4907 49th Street

Millet– Town of Millet (the old school in the gym)

Ponoka– Hudson Green Community Activity Center

Blindman River Hall– Blindman River Hall

**To register (or more information): wendy.woychuk@mcmancentral.ca
Or 780-360-4124**

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