



March



Sun	Mon	Tue	Wed	Thu	Fri	Sat
0-6 7-13 13+ Family Parent Education	*Registration Required		1 Preschool Pals (BLFDS only) 9:30-11:30 *Mother's Grace (LAC) 1:30-3	2 *Ignite (CLIVE) 3:30-5	3 Staff Training Day	4 *Dadurday (LAC) 10-12
5	6 Kindermusik (LAC) 10-11:30 *Little Chefs (BENT) 3:30-5:30 Teen Talks (BLFDS library) 6:30-8	7 Baby Buddies (LAC) 10-11:30 Adventure Daze (ALIX) 1:30-2:30 *Art Attack (ALIX) 3:30-4:30 Active Living Fair (LMC) 4-7:30	8 Preschool Pals (CLIVE/BLFDS) 9:30-11:30 *Mother's Grace (LAC) 1:30-3 *Dr. Bruce Perry (VIRTUAL) 1-2:30/7-8:30 *S.T.E.A.M. Ahead (LAC) 3:30-5	9 *Little Chefs (CLIVE) 3:30-5:30 Special Needs Support Group (BLFDS) 6-8	10 Walk & Talk (BLFDS) 9:30-10:30 *Moms Matter (BENT) 1-3 *Ignite (BENT) 3:30-5	11
12	13 Baby Buddies (BLFDS) 10-11:30 Kids Have Stress Too (BLFDS) 1-2:30 *Little Chefs (BENT) 3:30-5:30	14 Preschool Pals (LAC) 9:30-11:30 Adventure Daze (ALIX) 1:30-2:30 *Art Attack (ALIX) 3:30-4:30	15 Preschool Pals (CLIVE/BLFDS) 9:30-11:30 *Mother's Grace (LAC) 1:30-3 *S.T.E.A.M. Ahead (LAC) 3:30-5	16 *Moms Matter (CLIVE) 1-3 *Little Chefs (CLIVE) 3:30-5:30	17 HAPPY St. Patrick's DAY	18 Saturplay (LAC) 10-12
19	20 Kindermusik (LAC) 10-11:30 *Little Chefs (BENT) 3:30-5:30 Teen Talks (BLFDS library) 6:30-8	21 Baby Buddies (LAC) 10-11:30 Adventure Daze (ALIX) 1:30-2:30 *Art Attack (ALIX) 3:30-4:30	22 Preschool Pals (CLIVE/BLFDS) 9:30-11:30 Moms Matter (LAC) 1-3 *S.T.E.A.M. Ahead (LAC) 3:30-5 *Potluck & Play (BENT) 6-8	23 *Little Chefs (CLIVE) 3:30-5:30 Lego Club (LAC) 3:30-5	24 Walk & Talk (BLFDS) 9:30-10:30 Kids Have Stress Too (BLFDS) 1-2:30 *Ignite (LAC) 3:30-5	25
26	27 Baby Buddies (BLFDS) 10-11:30 Grandparents Support (LAC) 1:30-3 Connecting Clans (ALIX) 6:30-8:30	28 Preschool Pals (LAC) 9:30-11:30 Adventure Daze (ALIX) 1:30-2:30 *Art Attack (ALIX) 3:30-4:30	29 Preschool Pals (CLIVE/BLFDS) 9:30-11:30 * Taco Bar & Games 12+ (LMC) 4:30-7	30 *Moms Matter (BLFDS) 1-3 *Little Chefs (CLIVE) 3:30-5:30 *Ignite (BLFDS) 3:30-5	31 *Art Attack (LAC) 2-4	

Lacombe & Area
 Family Resource Network
 #4-4725 49B Ave. Lacombe, AB
 403.896.3408 or 1.877.994.5465
 karen.white@mcmancentral.ca

Alberta Provincial Family Resource Networks

Family Resource Network

To register/information:
frnlacombe@gmail.com
Carolyn 403.896.3915 Lainie 403.877.9469
or QR Codes Below

REGISTRATION PREFERRED:

Baby Buddies: For parents/caregivers and babies 0-18 months. Social, guest speakers, and more.

Preschool Pals: For parents/caregivers and preschoolers. Craft, story, play!

Kindermusik: Join us for different themes, songs, and dance. Meet new friends too!

Adventure Daze: A fun themed class that will focus on activities to strengthen all developmental areas of a child. Designed for parent-child participation.

Lego Club: Lego challenges, all things Lego!

Connecting Clans: Activities to take part in with the whole family. (ALIX)

Saturplay: Spend time with your family and other families doing age-appropriate activities. Enjoy a coffee and muffin too! (LAC)

Walk & Talk: Come walk the track at the Abbey Centre with other mamas and strollers!

Teen Talks: Come for support and conversation. A different topic each week at the Blackfalds library.

Grandparents Parenting Grandkids Support Group: Support and care for grandparents who are parenting their grandchildren. You're not alone! Come meet other grandparents who are in the same situation you are.

REGISTRATION REQUIRED:

Art Attack: An opportunity to explore a variety of creative, open ended art avenues. Prepare to have fun and get messy!

Little Chefs: A fun and interactive program combining literacy, crafts, games, social skills & cooking!

S.T.E.A.M. Ahead: This program is all about having fun doing activities in Science, Technology, Engineering, Art, and Math. Each week we will explore together with hands-on projects.

Ignite: For 7-13 year-olds. Play, create, plant, cook, paint...whatever we choose for the month!

IMPACT: 13+ This month's activity is part of the March break sessions for teens at the LMC. Watch for registration details.

Potluck & Play: Join us for supper, play games, and meet other families in the community. (Bentley)

Moms Matter: Activity for mom, kiddos can play!

Dadurday: Activity (AND SNACK) for dads and the littles. Once a month.

Mother's Grace: Registration closed. Postpartum support group in collaboration with AHS.

Special Needs Support Group: Support and care for parents/caregivers of those with special needs, and a time of play and interaction for the kiddos.

Dr. Bruce Perry-virtual event: Watch from the comfort of your own home, or attend the watch party at Carnival Theatre in Red Deer. **To register:** lesley.whalen@mcmcentral.ca

Kids Have Stress Too: Provides practical, developmentally appropriate, engaging activities for parents/caregivers with littles. Stress Lessons is a resource designed to help you teach children how to manage stress today, and for the rest of their lives.

LOCATIONS (unless otherwise specified):

Alix: Alix & Area Community Resource Centre - 5008 50th Ave.

Bentley: Bentley Town Office - 4918 50th Ave.

Blackfalds: Blackfalds Community Centre - 4810 Womacks Rd. (Walk & Talk - Abbey Centre)

Clive: Clive Baptist Church - 4716 50th St. **Ignite** - Clive School 5016 52 Ave.

Lacombe: FRN Office - #4, 4725 49B. Ave.

@lacombefrn



Registration for
0-6 year olds and
parent groups:



Registration for
7-18 year olds
groups:

