

McMan Spoke Service Wetaskiwin- Family Resource Network



2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1  McMan	
2	3 Millet Learn & Play 10:30am-12:00pm Millet Lego Challenge 3:30pm-5:00pm	4 Ponoka Learn & Play 10:30am-12:00pm Wetaskiwin Baby & You 1:30pm-3:00pm Connect Parenting 6:30pm-8:00pm	5 Rimbey Learn & Play 10:30am-12:00pm Rhyming Tots 10:00am-11:00am	6 Blindman River Hall 10:00am-12:00pm Tammy Auten-Dye 7:00pm-8:30pm Grandparent Support group	7 Wetaskiwin Learn & Play 10:30am-12:00pm -Wetaskiwin Lego Challenge 3:30pm-5:00pm	8	
9	10 <i>Happy Thanksgiving</i>	11 Ponoka Learn & Play 10:30am-12:00pm Wetaskiwin Baby & You 1:30pm-3:00pm Connect Parenting 6:30pm-8:00pm	12 Rimbey Learn & Play 10:30am-12:00pm -Rhyming Tots 10:00am-11:00am Active Parenting 5:00pm-7:00pm	13 Tammy Auten-Dye 7:00pm-8:30pm Grandparent Support group 2:00pm-3:30pm	14 Wetaskiwin Learn & Play 10:30am-12:00pm Wetaskiwin Lego Challenge 3:30pm-5:00pm	15	
16	17 Millet Learn & Play 10:30am-12:00pm Millet Lego Challenge 3:30pm-5:00pm	18 Ponoka Learn & Play 10:30am-12:00pm Wetaskiwin Baby & You 1:30pm-3:00pm Connect Parenting 6:30pm-8:00pm	19 Rimbey Learn & Play 10:30am-12:00pm -Rhyming Tots 10:00am-11:00am Active Parenting 5:00pm-7:00pm	20 Blindman River Hall 10:00am-12:00pm Tammy Auten-Dye 7:00pm-8:30pm Grandparent Support group	21 Wetaskiwin Learn & Play 10:30am-12:00pm -Wetaskiwin Lego Challenge 3:30pm-5:00pm	22	
23	24 Millet Learn & Play 10:30am-12:00pm Millet Lego Challenge 3:30pm-5:00pm	25 Ponoka Learn & Play 10:30am-12:00pm Wetaskiwin Baby & You 1:30pm-3:00pm Connect Parenting 6:30pm-8:00pm	26 Rimbey Learn & Play 10:30am-12:00pm -Rhyming Tots 10:00am-11:00am Active Parenting 5:00pm-7:00pm	27 Tammy Auten-Dye 7:00pm-8:30pm Grandparent Support group 2:00pm-3:30pm	28 Wetaskiwin Learn & Play 10:30am-12:00pm Wetaskiwin Lego Challenge 3:30-5:00pm	29 <i>Halloween Party</i> 11:00am-2:00pm	
30	31 Millet Learn & Play 10:30am-12:00pm Millet Lego Challenge 3:30pm-5:00pm		McMan Spoke Service- Wetaskiwin 4415A 49th Street, Wetaskiwin Barbara.Docken@mcmancentral.ca 780-360-4124 www.mcmancentral.ca				

TO REGISTER (OR MORE INFORMATION):

Barbara.Docken@mcmancentral.ca 780-360-4124

Learn & Play: Let the kiddos play. Developmental activities, stories, games and more. Ages 0-6 older siblings welcome.

Lego Challenge: Join us for new challenges each week. Ages 6-16, snacks provided.

Grandparents Support Group: For any grandparents as parents or for any grandparent wanting support.

Registration Required...Contact

Donna @ 780-335-3717 or donna.mcdonald@mcmancentral.ca

Rhyming Tots: Drop in- Oral language fun with rhyming songs and stories. At McMan Wetaskiwin.

Baby & You: Time to connect with other new moms, breastfeeding support, option to have your baby weighed, tips & advice from a public health nurse.

Sessions with Tammy Auten-Dye: ON ZOOM

October 6- Anxious Child

October 13- Self Regulation

October 20- Childhood Trauma

October 27- Childhood anger

Connect Parent Group: A 9 week program via zoom, to support parents and caregivers of pre-teens and teens with difficult behavioural and emotional problems.

Tuesdays 6:30pm-8:00pm September 27th - Nov 22.

Call 403-896-3408 to register.

Active Parenting Separation & Divorce: An 8 week course. This course is designed to improve the quality of parental relationships and enhance the children's functioning within their family.

Wetaskiwin- McMan Office 4415 A 49 Street

Rimbey- Blindman Youth Action Center 4907 49th Street

Millet- One Accord Center

Ponoka- Hudson Green Community Activity Center

Blindman River Hall- Blindman River Hall

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McMan Spoke Service Wetaskiwin- Family
Resource Network
October-Japanese
Month



2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>McMan Spoke Service- Wetaskiwin 4415A 49th Street, Wetaskiwin Chantel.lindsey@mcmancentral.ca 780-352-1142</p>					1.
2.	<p>3. Ponoka-Creative kids and culture 10:30-12:00pm Single Parents Support Group 5:00pm-7:00pm</p>	<p>4 Millet Creative kids & Culture 10:30-12:00pm</p>	<p>5 Falun Creative kids & Culture 10:30-12:00pm</p>	<p>6 Pigeon Lake Library- Creative Kids & Culture 10:30-12:00pm</p>	7	8
9	<p>10 Thanksgiving No program</p>	<p>11 Millet Creative kids & Culture 10:30-12:00pm</p>	<p>12 Falun Creative kids & Culture 10:30-12:00pm</p>	<p>13 No Program</p>	<p>14 Millet Library 3:30-4:30</p>	15
16	<p>17 Ponoka-Creative kids and culture 10:30-12:00pm Single Parents Support Group 5:00pm-7:00pm</p>	<p>18 Millet Creative kids & Culture 10:30-12:00pm</p>	<p>19 Falun Creative kids & Culture 10:30-12:00pm</p>	<p>20 Pigeon Lake Library- Creative Kids & Culture 10:30-12:00pm</p>	21	22
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30	<p>31 Ponoka-Creative kids and culture 10:30-12:00pm Single Parents Support Group 5:00pm-7:00pm</p>					

TO REGISTER (OR MORE INFORMATION):

Chantel.Lindsey@mcmancentral.ca

780-352-1142

Creative Kids & Culture: Let the kiddos play. Culture theme for the month activities. Ages 0 - 6 older sibling's welcome.

Single Parents Support Group: Meet Mondays starting September 12/2022 5pm-7pm.

Bring your children for activities while parents meet.

Pigeon Lake– Pigeon lake library

Falun Community hall-272019 AB-13

Millet– Town of Millet (the old school in the gym)

Ponoka– Hudson Green Community Activity Center

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