

# McMan Spoke Service Wetaskiwin– Family Resource Network February 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 McMan	<b>McMan Spoke Service– Wetaskiwin</b> 4415A 49th Street, Wetaskiwin wendy.woychuk@mcmancentral.ca 780-360-4124					
			<b>1 Rimbey</b> Learn & Play 10:30am–Noon  Rhyming Tots Wetaskiwin 10 am –11 am Blindman River Hall 1:30 -3 pm	<b>2</b>  Tammy Auten-Dye Depression (Zoom) 7-8:30 pm	<b>3 Wetaskiwin</b> Learn & Play 10:30am–Noon  Wetaskiwin Glow 3:30-5 pm	<b>4</b>
<b>5</b>	<b>6 Millet</b> Learn & Play 10:30am–Noon  Millet Glow 3:30pm-5:00pm	<b>7</b> Triple P 10-Noon  Wetaskiwin Baby & You 1:30 - 3:00pm	<b>8 Rimbey</b> Learn & Play 10:30am–Noon  Rhyming Tots Wetaskiwin 10 am –11 am	<b>9</b> PD Event 2-4 PM Millet  Tammy Auten-Dye Childhood Mental Health (Zoom) 7-8:30 pm	<b>10 Wetaskiwin</b> Learn & Play 10:30am– Noon  Wetaskiwin Glow 3:30-5 pm	<b>11</b>  <b>Dad’s Group 10-Noon</b>
<b>12</b>  <b>Valentines Week</b>	<b>13 Millet</b> Learn & Play 10:30am–Noon Millet Glow 3:30pm-5:00pm  Millet Glow	<b>14</b> Triple P 10-Noon  Wetaskiwin Baby & You Dental Hygienist 1:30 -3:00pm	<b>15 Rimbey</b> Learn & Play 10:30am-Noon Rhyming Tots Wetaskiwin 10 am –11 am Blindman River Hall 1:30-3 pm	<b>16</b>  <b>Staff Day</b>	<b>17 Wetaskiwin</b> Learn & Play 10:30am– Noon  Wetaskiwin Glow 3:30-5 pm	<b>18</b>
<b>19</b>	<b>20</b>  <b>Family Day Stat</b>	<b>21</b> Wetaskiwin Baby & You 1:30 - 3:00pm	<b>22 Rimbey</b> Learn & Play 10:30am-Noon  Rhyming Tots Wetaskiwin 10 am –11 am	<b>23</b>  <b>Staff Day</b>	<b>24 Wetaskiwin</b> Learn & Play 10:30am–Noon  Wetaskiwin Glow 3:30-5 pm	<b>25</b>  <b>Dad’s Group 10-noon</b>
<b>26</b>	<b>27 Millet</b> Learn & Play 10:30am–Noon  Millet Glow 3:30pm-5:00pm	<b>28</b> Wetaskiwin Baby & You 1:30 - 3:00pm				

**FOR MORE INFORMATION EMAIL OR TEXT**

**wendy.woychuk@mcmancentral.ca 780-360-4124**

**Learn & Play: Let your children play. Developmental activities, stories, games and more. Snacks provided. Ages 0-6 older siblings welcome. Parents stay for this group**

**Glow: Join us for new activities each week. Ages 6-16, snacks provided. Parents are welcome.**

**PD Event for Millet Community Hall February 9 in the Gym.**

**Rhyming Tots: Drop in– Oral language fun with rhyming songs and stories. At McMan Wetaskiwin.**

**Baby & You: Time to connect with other new moms, breastfeeding support, option to have your baby weighed, tips & advice from a public health nurse. Parenting tips.**

**Wetaskiwin– McMan Office 4415A-49 Street**

**Rimbey– Blindman Youth Action Center 4907-49th Street**

**Millet– 4528-51 Street Town of Millet ( the old school in the gym)**

**Ponoka– Hudson Green Community Activity Center**

**Blindman River Hall– Blindman River Hall**

**Watch for any updates or changes to our programs on our Facebook page  
McMan Central-Wendy**

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