

Sun	Mon	Tue	Wed	Thu	Fri	Sat
0-6 7-13 13+ Family Parent Education				1	2	3
4	5 	6 Baby Buddies (LAC) 10-11:30	7 Preschool Pals (BLFDS) 10-12  Blackfalds Community Expo 6-8	8 Sensory Play (LAC) 10-11:30  Draw Bots (CLIVE) 3:30-5	9 Mug Meals (BENT) 3:30-5	10 Family Fall Day 1-3
11 	12 Wiggles, Giggle & Munch (BLFDS) 10-11:30  Sensory Play (MIRROR) 1-2:30	13 Preschool Pals (LAC) 10-12  Moms Matter (LAC) 1-3	14 Preschool Pals (CLIVE/BLFDS) 10-12  Active Living Fair (LMC) 4-7:30	15 Mother's Grace (LAC) 10-11:30  Lego Club (LAC) 3:30-5	16	17 Blackfalds Culture Days 1-3
18	19 Kindermusik (LAC) 10-11:30  Virtual Book Club 1-3	20 Baby Buddies (LAC) 10-11:30	21 Preschool Pals (CLIVE/BLFDS) 10-12  Moms Matter (BLFDS) 1-3	22 Mother's Grace (LAC) 10-11:30  Special Needs Support Group (BLFDS) 6-8	23 13+ Escape Room & Pizza (LAC) 4-6	24
25	26 Wiggles, Giggle & Munch (BLFDS) 10-11:30  Connecting Clans (ALIX) 6:30-8:30	27 Preschool Pals (LAC) 10-12  Mug Meals (LAC) 3:30-5  E-Connect 6:30-8	28 Preschool Pals (CLIVE/BLFDS) 10-12	29 Mother's Grace (LAC) 10-11:30  Speech/Language Workshop (LAC) 6:30-7:30	30 Day for Truth & Reconciliation Activity (LAC) 6-8	

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For registration/information: [madison.rankin@mcmancentral.ca](mailto:madison.rankin@mcmancentral.ca) OR 403.877.7439

**Baby Buddies:** For parents/caregivers and babies 0-18 months. Social, guest speakers, and more.

**Preschool Pals:** For parents/caregivers and preschoolers. Craft, story, play!

**Wiggles, Giggle & Munch:** A time for parents and kiddos to have fun together through active play, games, songs, and a healthy snack.

**Kindermusik:** Join us for different themes, songs, and dance. Meet new friends too!

#### REGISTRATION REQUIRED:

**Moms Matter:** A time for moms to do an activity for them, while the kiddos play.

**Mother's Grace:** An 8-week post-partum support group for those who are pregnant or have a baby, 18 months old or younger, facilitated by AHS. Childcare is provided. **To register/more information, call Lacombe Addiction & Mental Health 403.782.3413**

**Virtual Book Club:** Bi-weekly get together over Zoom to chat about the book, "I'll Be There (But I'll Be Wearing Sweatpants)" by Amy Weatherly and Jess Johnston.

**Special Needs Support Group:** Support and care for parents/caregivers of those with special needs, and a time for play and interaction for the kiddos. **To register/more information, call Angela Woodcock 403.877.8438 or [angela.woodcock@mcmancentral.ca](mailto:angela.woodcock@mcmancentral.ca)**

**Speech-Language Parent Workshop:** A workshop providing information, milestones, and 1-2 strategies to practice in everyday life. For parents/caregivers of children 0-6. There will be 5 sessions, attend the ones of your choosing. 29th—Book Reading and Literacy Facilitator: Angele Fournier

**E-Connect/Connect Parent Group:** A 9-week program to support parents/caregivers of pre-teens and teens with difficult behavioural and emotional problems. Each session provides parents with a new perspective on parent-teen relationship and adolescent development. **To register/more information: E-Connect: Karen White 403.896.3408 In person: Maria Myers 403.307.6221**

**Watch FB for additional details.**

Lacombe & Area  
Family Resource Network  
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