


June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 McMan						1
2	3 MILLET L&P PONOKA L&P MILLET GLOW WETASKIWIN COOKING GROUP	4 FAMILY PLAY GROUP BABY & YOU WINFIELD GLOW	5 WINFIELD MOMS & TOTS RIMBEY L&P LAKEDELL GLOW TRIPLE P	6 BABY & YOU WETASKIWIN GLOW	7 WETASKIWIN L&P LAKEDELL L&P	8
9	10 MILLET L&P PONOKA L&P MILLET GLOW WETASKIWIN COOKING GROUP	11 SUPPORT & PLAY GROUP BABY & YOU WINFIELD GLOW	12 NO PROGRAMS	13 BABY & YOU WETASKIWIN GLOW	14 WETASKIWIN L&P LAKEDELL L&P	15
16	17 MILLET L&P PONOKA L&P MILLET GLOW 1:00-2:30 WETASKIWIN COOKING GROUP	18 FAMILY PLAY GROUP BABY & YOU WINFIELD GLOW 1:30-3:00	19 WINFIELD MOMS & TOTS RIMBEY L&P TRIPLE P	20 BABY & YOU WETASKIWIN GLOW	21 NO PROGRAMS	22
23/30	24 MILLET L&P PONOKA L&P MILLET GLOW 1:00-2:30	25 SUPPORT & PLAY GROUP BABY & YOU SWIMMING WINFIELD GLOW 1:30-3:00	26 WINFIELD MOMS & TOTS RIMBEY L&P TRIPLE P	27 BABY & YOU SWIMMING WETASKIWIN GLOW 1:00-2:30	28 WETASKIWIN L&P LAKEDELL L&P	29

LEARN AND PLAY
 MILLET 10:00-12:00
 RIMBEY 10:00-12:00
 WETASKIWIN 10:00-12:00
 PONOKA 10:00-12:00
 LAKEDELL 10:00-12:00
 WINFIELD MOMS & TOTS 9:00-11:00

GLOW
 MILLET 3:30-5:00
 WINFIELD 3:45-5:15
 WETASKIWIN 3:30-5:00
 LAKEDELL 3:45-5:15

COOKING GROUP
 WETASKIWIN 3:30-5:00

BABY & YOU
 WETASKIWIN 1:30-3:00 (Tuesday)
 WETASKIWIN 10:30 - 12:00 (Thursday)

FAMILY PLAY GROUP
 WETASKIWIN (June 4,18) 10:00-12:00

SUPPORT & PLAY GROUP FOR FAMILIES WITH CHILDREN WITH DISABILITIES
 (June 11,25)
 10:00-11:30

TRIPLE P
 WETASKIWIN 5:30PM-7:30PM

**FOR MORE INFORMATION CONTACT JEN @
Jennifer.Mcclure@mcmancentral.ca
780-312-8137**

On facebook @ Family Resource Network McMan Spoke Services WET, PKA, RMBY

LEARN & PLAY: Come on in and let your children play. Developmental activities, stories, games and more. Snacks and drinks provided each week! For ages 0-6 and older siblings are welcome. Parents must stay for this group.

GLOW: Come on in and join us for new activities each week. This group is for kids ages 6-12. Snack and drink is provided each week. Parents are welcome to stay or they can drop off for this group.

BABY & YOU: In collaboration with AHS. This group is a great opportunity to connect with other mothers, breastfeeding support, options to have your baby weighed, tips and advice from a public health nurse. Thursdays baby group will not have a nurse present.

COOKING GROUP: We have a cooking group that you can sign up for once per month, where kids age 9-13 can come and try out some cooking skills. We will make a new meal each month. People must pre register to join this group.

FAMILY PLAY GROUP: Get out of the cold and come spend some time with your children at our facilities. All ages welcome

MOMS MATTER: Come take some time to yourself. Projects, snacks and some awesome company to help decompress. Child care is limited

SUPPORT AND PLAY GROUP FOR FAMILIES WITH CHILDREN WITH DISABILITIES: Come connect with other parents and caregivers of children with additional needs. Bring the kids to play or come alone, all ages welcome.

TRIPLE P: Triple P is an Eight week program. Triple P is a parenting program, but it doesn't tell you how to be a parent. It's more like a toolbox of ideas. You choose the strategies you need. You choose the way you want to use them. It's all about making Triple P work for you.

Locations:

WETASKIWIN: McMan Office- 4415A 49 Street

MILLET: Town of Millet (The old school gym) 4528 51st Street

RIMBEY L&P: Blindman Youth Action Centre- 4907 40th Street

WINFIELD GLOW: 401 4 Ave E (School)

WINFIELD MOMS & TOTS: Winfield Ag Society-401 6 St E

LAKEDELL GLOW: 462006 Range Rd 12(Lakedell School)

LAKEDELL L&P: Lakedell Agricultural Society RR 2, Westeros

PONOKA L&P: Youth Centre- 5004 54 ST

Places we are attending this month

**JUNE 21- NATIONAL INDIGINOUS DAY
@ THE JUBLEE PARK**