





Sun	Mon	Tue	Wed	Thu	Fri	Sat
0-6 7-13 13+ Family Parent Education	*Registration Required					1 Blackfalds Easter Event 12-3
2	3 Kindermusik (LAC) 10-11:30 Teen Talks (BLFDS library) 6:30-8	4 Baby Buddies (LAC) 10-11:30 Adventure Daze (ALIX) 1:30-2:30 *Art Attack (ALIX) 3:30-4:30	5 Preschool Pals (CLIVE/BLFDS) 9:30-11:30	6 *Moms Matter (CLIVE) 1-3 Tool Box Talk (ALIX) 7-8:30	7 	8
9 	10	11 Preschool Pals (LAC) 9:30-11:30 Adventure Daze (ALIX) 1:30-2:30 *Art Attack (ALIX) 3:30-4:30	12 Preschool Pals (CLIVE/BLFDS) 9:30-11:30 Books & Cooks (CLIVE) 1-2:30	13 Special Needs Support Group (BLFDS) 1-3 *Ignite (CLIVE) 3:30-5 Tool Box Talk (ALIX) 7-8:30	14 *Moms Matter (BENT) 1-3 *Ignite (BENT) 3:30-5	15 Saturplay (LAC) 10-12
16	17 Moms Matter (LAC) 1-3 Teen Talks (BLFDS library) 6:30-8	18 Baby Buddies (LAC) 10-11:30 Adventure Daze (ALIX) 1:30-2:30 *Art Attack (ALIX) 3:30-4:30	19 Preschool Pals (CLIVE/BLFDS) 9:30-11:30 *Ignite (LAC) 3:30-5	20 Lego Club (LAC) 3:30-5 Tool Box Talk (ALIX) 7-8:30	21 Lacombe Trade Show 2-8	22 Lacombe Trade Show 10-4 *Dadurday (LAC) 10-12
23/30	24 Baby Buddies (BLFDS) 10-11:30 Grandparents Support (LAC) 1:30-3 Connecting Clans (ALIX) 6:30-8:30	25 Preschool Pals (LAC) 9:30-11:30 *Rainbows (ALIX) 3:30-4:15 Gr. 2-4 4:15-5 Gr. 5 & 6	26 Preschool Pals (CLIVE/BLFDS) 9:30-11:30 Books & Cooks (CLIVE) 1-2:30 *Potluck & Play (BENT) 6-8	27 *Moms Matter (BLFDS) 1-3 *Ignite (BLFDS) 3:30-5 Tool Box Talk (ALIX) 7-8:30	28 Gross Motor Play (BLFDS) 9:30-11:30 Kids Have Stress Too (BLFDS) 12-1 *Art Attack (LAC) 2-4	29 Impact: 13+ WiBit 8-9:30

Lacombe & Area
Family Resource Network
 #4-4725 49B Ave. Lacombe, AB
 403.896.3408 or 1.877.994.5465
 karen.white@mcmcentral.ca



Family Resource Network

To register/information:
frnlacombe@gmail.com
QR Codes
Carolyn 403.896.3915

REGISTRATION PREFERRED:

Baby Buddies: For parents/caregivers and babies 0-18 months. Social, guest speakers, and more.

Preschool Pals: For parents/caregivers and preschoolers. Craft, story, play!

Kindermusik: Join us for different themes, songs, and dance. Meet new friends too!

Adventure Daze: A fun themed class that will focus on activities to strengthen all developmental areas of a child. Designed for parent-child participation.

Gross Motor Play: Mini bouncy castle, ride on toys, parachute, hula hoops and more! Let's move!

Lego Club: Lego challenges, all things Lego!

Connecting Clans: Activities to take part in with the whole family.

Saturplay: Spend time with your family, and other families, doing age-appropriate activities. Enjoy a coffee and muffin too!

Teen Talks: Come for support and conversation. A different topic each week at the Blackfalds library.

Grandparents Parenting Grandkids Support Group: Support and care for grandparents who are parenting their grandchildren. You're not alone! Come meet other grandparents who are in the same situation you are.

Special Needs Support Group: Support and care for parents/caregivers of those with special needs, and a time of play and interaction for the kiddos.

Tool Box Talk: Practical parenting strategies for your parenting toolbox. A different topic will be discussed each week. Attend one or attend all!

***REGISTRATION REQUIRED:**

Books & Cooks: This program is designed to have families explore healthy cooking and literacy together in a fun, relaxing class.

Art Attack: An opportunity to explore a variety of creative, open ended art avenues. Prepare to have fun and get messy!

Rainbows: This program is designed to help kiddos cope with grief due to divorce, separation, death, or other matters, in a group setting.

Ignite: For 7-13 year-olds. Play, create, plant, cook, paint...whatever we choose for the month!

IMPACT: Teen WiBit night.

Potluck & Play: Join us for supper, play games, and meet other families in the community. (Bentley)

Moms Matter: Activity for mom, kiddos can play!

Dadurday: Activity (AND SNACK) for dads and the littles.

Mother's Grace: Registration closed. Postpartum support group in collaboration with AHS.

LOCATIONS (unless otherwise specified):

Alix: Alix & Area Community Resource Centre - 5008 50th Ave.

Bentley: Bentley Town Office - 4918 50th Ave.

Blackfalds: Blackfalds Community Centre - 4810 Womacks Rd.

Clive: Clive Baptist Church - 4716 50th St. **Ignite** - Clive School 5016 52 Ave.

Lacombe: FRN Office - #4, 4725 49B. Ave.

@lacombefrn



Registration for
0-6 year olds and
parent groups:



Registration for
7-18 year olds
groups:

