

# Family and Natural Support

Accredited by



## Purpose

Natural Supports (FANS) Program aims to connect youth who are at risk of being homeless or are newly homeless to their self-identified family and natural support system as well as establish their connection to community. The support worker will assess the situation and help identify barriers and assist in removing these barriers to prevent homelessness through a variety of strategies such as community referral/connection, life skill development, mediation when appropriate, support to find appropriate alternative housing when needed, assist in finding financial support, facilitate a healthy relationship or contact with family members/supports and connect youth/young adult to long-term external supports or activities. This program helps both the youth and the family to resolve issues related to housing and ensure the youth has stable and safe housing.

## Process

Once a referral has been completed (third party or self-referral), the McMan worker will connect with the young person to determine supports needs. The McMan worker will provide support in the following areas:

- Speak with the youth/young adult and/or adult to discuss presenting issues that are affecting housing.
- McMan worker will provide mediation when appropriate to assist in resolving these issues with the goal of stabilizing housing.
- Support to find appropriate alternative housing when needed.
- Assist in finding financial support to acquire and maintain housing.
- Assist in learning daily living skills related to maintaining housing: laundry, cooking, shopping, cleaning, budgeting, bill paying, bank account, transportation, etc.

- Facilitate a healthy relationship or contact with family members/supports.
- Connect youth/young adult to long-term external supports or activities.

**This program funded by:**  
A Way Home Canada



**McMan**

## Where to start?

If you're interested in learning more, please contact McMan Central:

**Phone:** (403) 227-5580

**Email:** [central@mcmancentral.ca](mailto:central@mcmancentral.ca)

**Website:** [McManCentral.ca](http://McManCentral.ca)

## Outcomes

Preventing youth  
From experiencing  
Homelessness

Preventing a return  
To homelessness

Ending youth  
Homelessness

Preventing adult  
Homelessness