


<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
<p>SPR-Springbrook PL-Pine Lake INN-Innisfail DEL-Delburne ELN-Elnora SV-Spruce View BOW-Bowden PEN—Penhold</p>	<p>Find us on  Facebook</p> 	<p>FOLLOW US ON  Instagram</p>  <p>@INNISFAILFAMILYRESOURCENETWORK</p>			<p>1. FRN Friday! (INN FRN) 9-10am: Fairytale Time (0-6 yrs) 10-11am: Sensory Art Play (0-6 yrs) 11-12pm: Little Builders (0-6 yrs) Stroll & Park, 1-3pm (INN)</p>	<p>2. Tea with Me (4+, grandparented) 10-12pm (INN FRN)</p>
3.	<p>4. Baby Buddies (0-2 years) 9:30-11:30am (INN FRN) Parent Connections, 2-4pm (INN FRN) Youth Club (7-12 years) 3-5pm (INN FRN) Bookworms (0-6 years) 10-12pm (DEL)</p>	<p>5. Stay, Play & Learn (0-6 years) 9-10:30am (INN) In-Betweeners (10-15 years) 3-5pm Stay, Read and Learn (0-6 years) 9:30-10:30am (SV) Floor Hockey 11:40-12pm (SV)</p>	<p>6. Play Pals (0-6 years) 9-11am (INN FRN) Merry Moms Club 1-2:30pm (INN FRN) Smash Journals (12-17 years) 3-4:30pm (INN FRN) Little Explorers (0-6 yrs) 1-2:30pm(ELN) Elnora Youth (7-12 yrs) 3-4:30pm (ELN)</p>	<p>7. Child Development Thursdays (1m-5y) 9:30-11am (INN FRN) Circle of Security 9:30-11am (Zoom) Kindermusik (1-4 years) 1-2pm (INN FRN) Artrageous (7-12 years) 3-4:30pm (INN FRN) Preschool Pals (0-6 years) 1-2:30pm Bowden Youth (7-12 Years) 3-4:30pm (BOW)</p>	<p>8. FRN Friday! (INN FRN) 9-10am: Fairytale Time (0-6 yrs) 10-11am: Art Time (0-6 yrs) 11-12pm: Little Builders (0-6 yrs) Youth Drop in (7-12 years) 1-3pm (INN FRN)</p>	9.
10.	<p>11. Remembrance Day Office Closed</p>	<p>12. Stay, Play & Learn (0-6 years) 9-10:30am (INN) In-Betweeners (10-15 years) 3-5pm Stay, Read and Learn (0-6 years) 9:30-10:30am (SV) Floor Hockey 11:40-12pm (SV)</p>	<p>13. Play Pals (0-6 years) 9-11am (INN FRN) Merry Moms Club 1-2:30pm (INN FRN) Smash Journals (12-17 years) 3-4:30pm (INN FRN) Little Explorers (0-6 yrs) 1-2:30pm(ELN) Elnora Youth (7-12 yrs) 3-4:30pm (ELN)</p>	<p>14. Child Development Thursdays (1m-5y) 9:30-11am (INN FRN) Circle of Security 9:30-11am (Zoom) Bump Club, 12-1pm (INN FRN) Kindermusik (1-4 years) 1-2pm (INN FRN) Artrageous (7-12 years) 3-4:30pm (INN FRN)</p>	<p>15. FRN Friday! (INN FRN) 9-10am: Fairytale Time (0-6 yrs) 10-11am: Art Time (0-6 yrs) 11-12pm: Little Builders (0-6 yrs) Happy Trails (2-8 years, parented) 1-2pm (INN) Countdown to Christmas 5:30-6:30pm (INN) Let's Go Swimming, (0-6 years) 12-1pm (INN)</p>	16.
17.	<p>18. Baby Buddies (0-2 years) 9:30-11:30am (INN FRN) Parent Connections, 2-3:30pm (Zoom) Youth Club (7-12 years) 3-5pm (INN FRN) Bookworms (0-6 years) 10-12pm (DEL)</p>	<p>19. Stay, Play & Learn (0-6 years) 9-10:30am (INN) Financial Fitness 1-2:30pm (INN FRN) In-Betweeners (10-15 years) 3-5pm Stay, Read and Learn (0-6 years) 9:30-10:30am (SV) Floor Hockey 11:40-12pm (SV)</p>	<p>20. Merry Moms Club 1-2:30pm (INN FRN) Smash Journals (12-17 years) 3-4:30pm (INN FRN) Little Explorers (0-6 yrs) 1-2:30pm(ELN) Elnora Youth (7-12 yrs) 3-4:30pm (ELN)</p>	<p>21. Child Development Thursdays (1m-5y) 9:30-11am (INN FRN) Circle of Security 9:30-11am (Zoom) Kindermusik (1-4 years) 1-2pm (INN FRN) Artrageous (7-12 years) 3-4:30pm (INN FRN) Preschool Pals (0-6 years) 1-2:30pm Bowden Youth (7-12 Years) 3-4:30pm (BOW)</p>	<p>22. FRN Friday! (INN FRN) 9-10am: Fairytale Time (0-6 yrs) 10-11am: Art Time (0-6 yrs) 11-12pm: Little Builders (0-6 yrs) 1-2pm: Tummy Time (0-2 yrs) 2-3pm: Gross Motor Fun (2-5yrs) Homeschool Happenings (Ages 5+, parented) 10-12pm (INN FRN) Happy Trails (2-8 years, parented) 1-2pm (INN)</p>	<p>23. Rad Dads (0-8 years) 10-12pm(INN FRN)</p>
24.	<p>25. Baby Buddies (0-2 years) 9:30-11:30am (INN FRN) Youth Club (7-12 years) 3-5pm (INN FRN) Bookworms (0-6 years) 10-12pm (DEL) Homeschool Happenings (6+, parented) 1-3pm (BOW)</p>	<p>26. Stay, Play & Learn (0-6 years) 9-10:30am (INN) Financial Fitness 1-2:30pm (INN FRN) In-Betweeners (10-15 years) 3-5pm Stay, Read and Learn (0-6 years) 9:30-10:30am (SV) Floor Hockey 11:40-12pm (SV)</p>	<p>27. No programs</p>	<p>28. Child Development Thursdays (1m-5y) 9:30-11am (INN FRN) Circle of Security 9:30-11am (Zoom) Bump Club, 12-1pm (INN FRN) Kindermusik (1-4 years) 1-2pm (INN FRN) Artrageous (7-12 years) 3-4:30pm (INN FRN)</p>	<p>29. FRN Friday! (INN FRN) 9-10am: Fairytale Time (0-6 yrs) 10-11am: Art Time (0-6 yrs) 11-12pm: Little Builders (0-6 yrs) Happy Trails (2-8 years, parented) 1-2pm (INN) Youth Action (10-17 years) 1-4pm (INN)</p>	30.

Locations and Days

Innisfail

Stay, Play and Learn (0-6 years)

When: Tuesdays, 9—10:30am

Where: Innisfail Public Library (Community Room)

Play Pals (0-6 years)

When: Wednesdays, 9-11am

No program November 20 & 27

Where: Innisfail FRN Office 5035 49 Street

Baby Buddies (0-2 years)

When: Mondays, 9:30-11:30am

No program November 11

Where: Innisfail FRN Office, 5035 49 Street

Let's Go Swimming (0-6 years)

When: November 15, 12-1pm

Where: Innisfail Aquatic Center

Pre-registration required

Joanne.brown@mcmancentral.ca

Kindermusik (1-4 years)

When: Thursdays, 1-2pm ***NEW TIME***

Where: Innisfail FRN Office, 5035 49 Street

Child Development Thursdays (1m - 5 years)

When: Thursdays, 9:30-11am

Where: Innisfail FRN Office, 5035 49 Street

Pre-registration required

Joanne.brown@mcmancentral.ca

FRN Friday: November 1

9-10am: Fairytale Time (0-6 years)

10-11am: Art Time (0-6 years)

11-12pm: Little Builders (0-6 years)

Where: Innisfail FRN Office 5035 49 Street

FRN Friday: November 8

9-10am: Fairytale Time (0-6 years)

10-11am: Art Time (0-6 years)

11-12pm: Little Builders (0-6 years)

1-3pm: Youth Drop-In (7-12 years)

Where: Innisfail FRN Office 5035 49 Street

FRN Friday: November 15

9-10am: Fairytale Time (0-6 years)

10-11am: Art Time (0-6 years)

11-12pm: Little Builders (0-6 years)

Where: Innisfail FRN Office 5035 49 Street

FRN Friday: November 22

9-10am: Fairytale Time (0-6 years)

10-11am: Art Time (0-6 years)

11-12pm: Little Builders (0-6 years)

1-2pm: Tummy Time (0-2 years)

2-3pm: Gross Motor Fun (2-5 years)

10-12pm: Homeschool Happenings (6+, parented)*

***Pre-register: joanne.brown@mcmancentral.ca**

Where: Innisfail FRN Office 5035 49 Street

FRN Friday: November 29

9-10am: Fairytale Time (0-6 years)

10-11am: Art Time (0-6 years)

11-12pm: Little Builders (0-6 years)

Where: Innisfail FRN Office 5035 49 Street

Homeschool Happenings (5+, parented)

When: November 22, 10-12pm

Where: Innisfail FRN Office 5035 49 Street

Pre-registration required

Joanne.brown@mcmancentral.ca

Happy Trails (2-8 years, parented)

When: November 15, 22 & 29, 1-2pm

Where: Centennial Park walking trails

Youth Club (7-12 years)

When: Mondays, 3-5pm

No program November 11

Where: Innisfail FRN Office, 5035 49 Street

Artrageous (7-12 years)

When: Thursdays, 3-4:30pm

Where: Innisfail FRN Office 5035 49 Street

****Pre-registration preferred****

Kristie.fay@mcmancentral.ca

In-Betweeners (10-15 years)

When: Tuesdays, 3-5pm

Where: Innisfail FRN Office 5035 49 Street

Smash Books (12-17 years)

When: November 6, 13 & 20, 3-4:30pm

Where: Innisfail FRN Office 5035 49 Street

Pre-registration required

Kristie.fay@mcmancentral.ca

Youth Action!

When: November 29, 1-4pm

Where: Innisfail Bowling Alley

See Innisfail Town website for waiver information and registration

Rad Dads (0-8 years + Dad)

When: November 23, 10-12pm

Where: Innisfail FRN Office 5035 49 Street

Tea With Me (4+, grand-parented)

When: November 2, 10-12pm

Where: Innisfail FRN Office 5035 49 Street

Pre-registration required

Joanne.brown@mcmancentral.ca

Stroll & Park

When: November 1, 1-3pm

Where: Twin Arena Park

Bump Club

When: November 14 & 28, 12-1pm

Where: Innisfail FRN Office 5035 49 Street

Pre-registration required

Joanne.brown@mcmancentral.ca

Financial Fitness

When: November 19, 26 & December 3, 1-2:30pm

Where: Innisfail FRN Office 5035 49 Street

Pre-registration required

Joanne.brown@mcmancentral.ca

Childcare available

Parent Connections

When: November 4, 2-4pm

Where: Innisfail FRN Office 5035 49 Street

November 18 VIA ZOOM, 2-3:30pm

Pre-registration required for November 18

Joanne.brown@mcmancentral.ca

Circle of Security Parenting

When: November 7, 14, 21, 28 & December 5, 12 & 19, 9:30-11am

Where: VIRTUAL VIA ZOOM

Pre-registration required

Kristie.fay@mcmancentral.ca

Merry Moms Club

When: November 6, 1-2:30pm—Parenting Tip Sheets

November 13, 1-2:30pm—Moms Matter Mini

November 20, 1-2:30pm—What's Going Good?

Where: Innisfail FRN Office, 5035 49 Street

Pre-register for November 13

Kristie.fay@mcmancentral.ca

Countdown to Christmas

When: November 15, 5:30-6:30

Where: Innisfail Cenotaph (Main street)

Spruce View

Stay, Read and Learn (0-6 years)

When: Tuesdays, 9:30—10:30am

Where: Spruce View Community Library

Floor Hockey

When: Tuesdays, 11:40-12pm

Where: Spruce View School

Bowden

Preschool Pals (0-6 years)

When: November 7 & 21, 1-2:30pm

Where: Bowden Friendship Club

Bowden Youth (7-12 years)

When: November 7 & 21, 3-4:30pm

Where: Bowden Friendship Club

Homeschool Happenings (6+ years, parented)

When: November 25, 1-3pm

Where: Bowden Friendship Club

Pre-registration required

Joanne.brown@mcmancentral.ca

Elnora

Elnora Youth (7-12 years)

When: Wednesdays, 3-4:30pm

No program November 27

Where: Elnora Legion

Little Explorers (0-6 years)

When: Wednesdays, 1-2:30pm

No program November 27

Where: Elnora Legion

Delburne

Bookworms (0-6 years)

When: Mondays, 10-12pm

No program November 11

Where: Delburne Community Hall