



NOVEMBER 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1 RHYMING TOTS RIMBEY L&P RIMBEY BOOK & CRAFT LAKEDELL GLOW FAMILY PLAY GROUP	2 WETASKIWIN GLOW/LEGO RIMBEY GLOW	3 WETASKIWIN L&P MULHURST L&P	4
5	6 MILLET L&P MILLET GLOW/LEGO PONOKA L&P	7 BABY & YOU FALL WORKSHOPS	8 RHYMING TOTS RIMBEY L&P RIMBEY BABY & YOU FAMILY PLAY GROUP	9 WETASKIWIN GLOW/LEGO RIMBEY GLOW	10 WETASKIWIN L&P	11
12	13 NO PROGRAMS	14 BABY & YOU WINFIELD GLOW FALL WORKSHOPS	15 RHYMING TOTS RIMBEY L&P RIMBEY BOOK & CRAFT LAKEDELL GLOW	16 WETASKIWIN GLOW/LEGO RIMBEY GLOW JODY CARRINGTON	17 WETASKIWIN L&P MULHURST L&P	18
19	20 MILLET L&P MILLET GLOW/LEGO PONOKA L&P COOKING GROUP	21 BABY & YOU WINFIELD GLOW FALL WORKSHOPS	22 RHYMING TOTS RIMBEY L&P RIMBEY BABY & YOU FAMILY PLAY GROUP	23 WETASKIWIN GLOW/LEGO RIMBEY GLOW	24 WETASKIWIN L&P	25
26	27 MILLET L&P MILLET GLOW/LEGO PONOKA L&P	28 BABY & YOU WINFIELD GLOW FALL WORKSHOPS	29 RHYMING TOTS RIMBEY L&P RIMBEY BOOK & CRAFT LAKEDELL GLOW FAMILY PLAY GROUP	30 WETASKIWIN GLOW/LEGO RIMBEY GLOW	DR. JODY CARRINGTON HAS A PRESENTAION ON NOV 16 FROM 10:00 AM-2:30PM WE WILL BE LIVE STREAMING THE EVENT AT OUR OFFICE. THIS IS A FREE EVENT PLEASE CALL 780-312-8137 IF YOU WOULD LIKE TO ATTEND	

LEARN AND PLAY
MILLET 10:30-12:00
RIMBEY 10:30-12:00
WETASKIWIN 10:30-12:00
PONOKA 10:30-12:00
MULHURST 10:30-12:00

GLOW
MILLET 3:30-5:00
WINFIELD 3:45-5:15
WETASKIWIN 3:30-5:00
LAKEDELL 3:45-5:15
RIMBEY 3:10-4:45

BABY & YOU
WETASKIWIN 1:30-3:00
RIMBEY 1:00-2:30

LEGO GROUP
MILLET 3:30-5:00
WETASKIWIN 3:30-5:00
COOKING GROUP
WETASKIWIN 3:30-5:00
FALL WORKSHOPS
WETASKIWIN 6:00-7:30PM

RHYMING TOTS
WETASKIWIN 10:00-11:30
FAMILY PLAY GROUP
WETASKIWIN 1:00-3:00
BOOK & CRAFT
RIMBEY 1:00-2:30





FOR MORE INFORMATION CONTACT JEN
Jennifer.Mcclure@mcmancentral.ca
780-312-8137



LEARN & PLAY: Come on in and let your children play. Developmental activities, stories, games and more. Snacks and drinks provided each week! for ages 0-6 and older siblings are welcome. Parents must stay for this group.

GLOW: Come on in and join us for new activities each week. This group is for kids ages 6-12. Snack and drink is provided each week. Parents are welcome to stay or they can drop off for this group.

BABY & YOU: In collaboration with AHS. This group is a great opportunity to connect with other mothers, breastfeeding support, options to have your baby weighed, tips and advice from a public health nurse.

COOKING GROUP: We have a cooking group once per month, where kids age 9-13 can come and try out some cooking skills. We will make a new meal each month. People must pre register to join this group.

LEGO GROUP: Lego group is where kids ages 6-13 can come and play with Lego and have fun!

FALL WORKSHOPS: In this program we will be having professionals come in and share information that is helpful for parents. The first 6 families that register, we will have someone to watch their kids. More adults are welcome to register who don't need child care after the 6 families.

FAMILY PLAY GROUP: Get out of the cold and come spend some time with your children at our facilities. All ages welcome

BOOKS & CRAFT: During this group, a book will be read and a craft will be done in the theme of the book.

Locations

WETASKIWIN: McMan Office- 4415A 49 Street

MILLET: Town of Millet (The old school gym) 4528 51st Street

RIMBEY: Blindman Youth Action Centre- 4907 40th Street


RIMBEY GLOW- 5302 52nd St (Elementary School)

WINFIELD: 401 4 Ave E (School)

LAKEDELL: 462006 Range Rd 12(Lakedell School)

PONOKA: Youth Centre- 5004 54 ST

MULHURST: 3802 50 Ave (Community Hall)



MILLET PD DAY NOVEMBER 17

1-3PM

Fall programs

Nov 7-ages and stages

Nov 14- Don't make it weird: "How to talk to your teens about the birds and the bees"

Nov 21- Vaping info session

Nov 28- Kimochi session

LIVE STREAMING DR. JODY CARRINGTON AT THE MCMAN OFFICE

NOVEMBER 16 10:00AM-2:30PM

