

Financials

McMan Youth, Family and Community Services Association

Statement of Financial Position

	March 31 2021	March 31 2020
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	\$ 20,983,453	\$ 17,296,788
Accounts receivable	2,836,055	2,993,158
Prepaid expenses and deposits	500,183	376,398
	<u>24,319,691</u>	<u>20,666,344</u>
PROPERTY AND EQUIPMENT	11,159,997	13,083,675
	<u>\$ 35,479,688</u>	<u>\$ 33,750,019</u>
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities	\$ 9,445,453	\$ 5,929,370
Deferred contributions	1,559,788	1,739,976
Unexpended program surpluses	3,806,667	5,231,952
Current portion of long-term debt	343,572	463,634
	<u>15,155,480</u>	<u>13,364,932</u>
LONG-TERM DEBT	4,580,640	5,945,038
DEFERRED CONTRIBUTIONS RELATED TO PROPERTY AND EQUIPMENT	1,774,239	2,509,416
NET ASSETS		
Contingency fund	3,749,695	1,398,542
Dare to Dream fund	78,139	68,151
Capital Reserve fund	2,567,825	2,517,825
Invested in property and equipment	4,461,546	4,165,587
Unrestricted	3,112,124	3,780,528
	<u>13,969,329</u>	<u>11,930,633</u>
	<u>\$ 35,479,688</u>	<u>\$ 33,750,019</u>

Statement of Operations

	Year Ended March 31	
	2021	2020
REVENUE		
Program revenue	\$ 75,901,813	\$ 72,025,829
Interest and other	832,618	1,080,012
Donations, fundraising and grants	1,136,274	989,634
Gain on disposal of property and equipment	1,957,548	14,662
	<u>79,828,253</u>	<u>74,110,137</u>
EXPENSES		
Compensation	54,854,297	51,259,476
Facility and direct client costs	18,034,669	17,575,015
Administration	1,380,852	1,751,381
Office	1,841,963	1,243,370
Amortization	1,027,124	863,982
Direct program support from donations and fundraising	108,832	453,123
Interest on long-term debt	223,426	257,425
Vehicles	201,108	245,988
Donations and fundraising	32,608	75,324
Equipment	84,678	47,370
Interest on callable debt	-	14,360
	<u>77,789,557</u>	<u>73,786,814</u>
	<u>\$ 2,038,696</u>	<u>\$ 323,323</u>

Since 1975

Trust, Empathy, Commitment, Respect, and Genuineness are the values on which McMan establishes relationships with clients, employees and the community we serve.

Trust: McMan honours individuals by providing a confidential and consistent approach to relationships.

Empathy: McMan connects with each individual in order to understand their unique situation.

Commitment: McMan is focused, engaged and dedicated to each individual we support.

Respect: McMan acknowledges and considers each individual's situation, thoughts and values.

Genuineness: McMan embraces honesty, sincerity and remains judgement-free when working with individuals.

2020/2021 Provincial Board of Directors

(at March 31, 2021)

Executive Committee:

President: Chad Evans
Vice President: Michael Selci
Treasurer: Perry Sollway
Secretary: Valerie Dyck

Members:

Debasis Bhaumik Aaron Reinhart
John McDermott Natalie Towshend
Wendy Motley

Our Founders

Norah Cantin (nee McNamara)
John Meston
Jim Allers
Rick Newcombe

We could not have done it without you.

McMan Youth, Family and Community Services wishes to express its sincere appreciation to the individuals and organizations who have contributed to and supported the Association.

Together, we are making a difference in our community.

www.mcman.ca

CHARITABLE REGISTRATION #119035947RR0001



2020-2021 Annual Report



Our Mission

To support and encourage individuals and families to reach their full potential as members of their community.

Testimonial

"I sought out mental health counselling after having been through a couple of life events, understanding my two son's diagnoses and learning how best to support them and then finally navigating through separation and divorce. I had seen a few counsellors in the past and although they did help and gave me strategies, I never felt as though there was a connection made that was conducive to helping me with what I needed. I knew journaling helped, I knew how to breathe, I knew the importance of vulnerability but I didn't know how to be brave. I just knew I needed to be brave and I needed to have courage to be able to feel true joy and happiness in my life again.

Personally, I felt as though I was drowning in my life. I have always felt the challenges of being extremely introverted in an extroverted driven world and I didn't know how to get the help I needed for myself to feel satisfied and happy in my own skin. My McMan mental health counsellor saved my life. She helped me slowly peel the layers of armour off that I had been trudging around with for years. She helped me, for the first

Clients Served

People with Disabilities	948
Children and Youth	4552
Families	2395
Adults	2415

time, be able to tell my story. She listened. My time with the mental health counsellor has helped me speak up and transform the way I think and feel about myself. The process is hard work, but the experience has been life changing. As terrified as I was to see yet another counselor that might give me more strategies and not really understand the turmoil that I was dealing with, I took the opportunity to talk to the counsellor. She was a coach for me, my encourager, my supporter, my guide and my challenger. She would see the roadblocks ahead and encourage me be kind to myself and she challenged me to push the roadblocks out of the way.

Many times, she would get me to a place where all I could think of was, "I never thought about it like that", and the challenge that seemed unattainable to me at first, seemed manageable after working through it with her. Even though I have a lot to get through ahead of me, I definitely feel the strength within me to be able to get through the rough days."

Making a difference

Program Success Story

Facing Covid-19 restrictions, the programs in Edson rallied to develop creative and innovative ways to not only maintain contact with individuals but have meaningful strategies to continue to assist them to fulfill their hopes and goals. During times when it was unsafe to meet in person, they created weekly zoom meetings with an identified topic for that session. These topics involved doing science experiments and educational discussions that included learning their rights as tenants and recognizing abuse.

In addition, individuals completed a vision board where they identified what goals they wanted to work on. Goals of attending concerts or taking tours of facilities were done virtually. From their wishes to travel, the "Travelling Armchair" was created. From the safety and comfort of their home and supplied with a plane ticket and passport, individuals travelled to places around the world and learned about different cultures, traditions, food, and language.

An unanticipated outcome of the way the programs delivered services was that many individuals who typically shy away from groups and avoid participating in activities excelled in participating virtually. Staff and family members have reported that these individuals have become more confident, vocal and have met their goals much quicker.

President's Message



My name is Chad Evans and I am humbled and honored to have been the President of the Provincial Board of Directors over the last year.

2020 our world changed; with a Global Pandemic, McMan's commitment to ensure the safety of its staff and clients was paramount. McMan rose to the challenges of the pandemic, while continuing to provide quality services to children, youth, adults and families. Today, our efforts continue to support Alberta's most vulnerable, as demonstrated by the accomplishments highlighted in this year's Annual Report. The commitment to quality and innovative programming demonstrated by McMan staff has not wavered during this pandemic.

Highlights from the year included:

While the pandemic stretched and challenged us to change our operations, service delivery and the way we collaborate with one another, we quickly adapted to the changing needs of our staff, clients and communities.

Calgary Region launched three new programs:

McMan Family Resource Network - Okotoks: a community hub that provides a range of services and programming for children, youth, and families in Okotoks and surrounding communities.

The James House: provides safe and stable housing options and individualized supports for 27 individuals who are facing homelessness. Residents of the James House may face a range of challenges including mental health issues, disabilities, and significant financial barriers. Through our innovative service delivery model, individuals transition into permanent housing within a 10-month time frame.

Mental Health Program: provides critical mental health and wellness services to clientele across all programs. Funded by community supporters, since the launch of the program, we provided 121 youth, individuals and families with over 250 counselling hours. Funds raised also supported over 200 youth who took part in our Dialectical Behaviour Therapy (DBT) mental health and wellness groups.

Central Region opened six Family Resource Networks over this last year. With the addition of Family Resource Networks and expansion of existing programs we moved six program locations throughout the region to larger space for service delivery. As well, several Grants received by Central Region throughout the year ensured targeted and isolated communities were supported through the ongoing pandemic crisis.

McMan South was awarded three contracts with the Minister of Justice and Solicitor General this year. The contracts are for Drug Treatment Court in Medicine Hat, Drug Treatment Court in Lethbridge and Gang Exit in Lethbridge. This is a great opportunity for the South to diversify their funder portfolio.

McMan Edmonton and North completed their three year implementation of the CARE Model and responded to a critical need by establishing a safe and supportive place for children and youth with COVID-19.

Our success is the community's success. With the ongoing support of our funders, donors, partners, Board and volunteers, McMan Youth, Family and Community Services Association is ready for the challenges and achievements ahead in 2021/22.