

JANUARY 2023

program calendar

Stettler & Area
Family Resource Network
4901 51st Street, Stettler
403-740-2558

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Sunday
2	3	4	5	6	7
	10:00 Coronation Play & Learn 2:00 Veteran Play & Learn	10:00 Altario Play & Learn 10:00 Red Willow Play & Learn 3:15 Stettler Afterschool	3:00 Teen Mental Health Group with The Wellness House 3:30 Youth Drop In	3:15 Teen Writing Club	8
9	10	11	12	13	14
9:00 Stettler Play & Learn 10:00 BV Play & Learn 1:00 New Brigden Pre-K 2:55 Erskine Lego Club	10:00 Coronation Play & Learn 2:00 Veteran Play & Learn 2:50 Botha Afterschool 6:00 Family Homesteading -Butter Making	10:00 Altario Play & Learn 10:00 Donalda Play and Learn 12:00 Stettler Rainbows 3:00 Veteran Afterschool 3:15 Stettler Afterschool	10:00 Stettler Baby Buddies 3:00 Teen Mental Health Group with The Wellness House 3:30 Youth Drop In 6:30- AHS Prenatal Class 7:00 Prism Parent Group @SLC	3:15 Teen Writing Club	9:30 AHS Prenatal 15
16	17	18	19	20	21
9:00 Stettler Play & Learn 10:00 BV Play & Learn 1:00 New Brigden Pre-K 2:30 Stettler Infant Massage 2:55 Erskine Lego Club 6:30 Parent & Caregiver Support	10:00 Coronation Play & Learn 2:00 Veteran Play & Learn 2:50 Botha Afterschool 6:00 Family Homesteading -Crocheting	10:00 Altario Play & Learn 10:00 Red Willow Play & Learn 12:00 Move Your Mood 12:00 Stettler Rainbows 3:15 Stettler Afterschool -Mindfulness Yoga	11:00 Stettler Baby Buddies -with Alicia Tate Yoga 3:30 Youth Drop In 7:00 Prism Parent Group @SLC	3:15 Teen Writing Club 3:30 Family Yoga with Alicia Tate (Lizard Theme)	22
23	24	25	26	27	28
9:00 Stettler Play & Learn 10:00 BV Play & Learn 1:00 New Brigden Pre-K 2:30 Stettler Infant Massage 2:55 Erskine Lego Club	10:00 Coronation Play & Learn 2:00 Veteran Play & Learn 2:50 Botha Afterschool 6:00 Family Homesteading	10:00 Altario Play & Learn 10:00 Donalda Play and Learn 12:00 Move Your Mood 12:00 Stettler Rainbows 3:00 Veteran Afterschool 3:15 Stettler Afterschool	10:00 Baby Buddies 3:30 Youth Drop In		29
PD DAY 30	PD DAY 31				
9:00 Stettler Play & Learn 10:00 BV Play & Learn 1:00 New Brigden Pre-K 2:30 Stettler Infant Massage	10:00 Coronation Play & Learn 2:00 Veteran Play & Learn 2:00 Donalda Lego 6:00 Family Freezer Meals				