

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <b>Labour Day -Office Closed</b>	3	4 <b>Drop-In &amp; Play (LAC) 9:30-11:30</b>	5	6	7
8	9 <b>Play, Learn &amp; Grow (LAC) 9:30-11:30 Connecting Clans (Alix) 6:30-8</b>	10 <b>Stay &amp; Play (MIRROR) 10-12 Moms Matter (CLIVE) 1-3</b>	11 <b>Preschool Pals (BLFDS/CLIVE) 9:30-11:30 Active Living Fair (LMC) 3-7 BLFDS Community Expo 6-8</b>	12 <b>Cub Crew (ALIX) 1-3 Alix Afterschool 3:30-5:30</b>	13 <b>Moms Matter (BENT) 1-3</b>	14
15	16 <b>Play, Learn &amp; Grow (BLFDS) 9:30-11:30 Moms Matter (LAC) 1-3</b>	17 <b>Stay &amp; Play (MIRROR) 10-12 Connect (BLFDS) 6:30-8 Sexual Exploita- tion (LAC) 7-9</b>	18 <b>Preschool Pals (BLFDS/CLIVE) 9:30-11:30 Moms Matter (BLFDS) 1-3</b>	19 <b>Cub Crew (ALIX) 1-3 Alix Afterschool 3:30-5:30</b>	20 <b>(PD Day)</b>	21
22	23 <b>Play, Learn &amp; Grow (LAC) 9:30-11:30</b>	24 <b>Stay &amp; Play (MIRROR) 10-12 Connect (BLFDS) 6:30-8</b>	25 <b>Preschool Pals (BLFDS/CLIVE) 9:30-11:30 Neighbour Day (BENT) 3:30-7:30</b>	26 <b>Cub Crew (ALIX) 1-3 Alix Afterschool 3:30-5:30 E-Connect (Zoom) 6-8</b>	27	28 <b>Saturplay (LAC) 10-12</b>
29	30 <b>Day for Truth and Reconciliation -Office Closed</b>					0-6 7-13 13-18 <b>Family Parent Ed</b>

## REGISTRATION REQUIRED FOR ALL PROGRAMS (unless otherwise specified)

### To register/information:

**\*NEW EMAIL\* [frnlacombe@mcmcentral.ca](mailto:frnlacombe@mcmcentral.ca)  
403.896.3915**

**Drop In & Play:** Older kids are back to school, stop by and let the littles have some play time at the FRN.

**Play, Learn & Grow:** Children learn through play and their environment. Spend the morning with your children and other families as we playfully explore together. Each week there will be themed activities that will help your child enjoy a variety of hands-on learning through play.

**Preschool Pals/Stay & Play/Cub Crew:** For preschoolers and their caregivers. Play, do a craft, listen to a story. A great opportunity to be creative, learn a few things and make some new friends!

**Alix Afterschool:** Afterschool fun at the Alix Community Centre.

**Moms Matter:** Time to reconnect after a few months apart! Have a coffee and chat with other moms.

**Connect/E-Connect:** A 9-week program (Tuesdays in person/Thursdays on Zoom) to help parents and caregivers of pre-teens and teens who struggle with issues that make it difficult for them to do well at home, at school, and in their community. Each session provides parents with a new perspective on parent-teen relationships and adolescent development.

**Sexual Exploitation** - Presentation by COPE for youth, parents, or service providers about sexual exploitation. Some topics covered include sexual exploitation, stages of grooming, risk factors, how to recognize sexual exploitation, safety planning, and resources available in your community. (PSECA Protection of Sexually Exploited Children of Alberta)

**Saturplay:** Saturday morning play, muffins, and coffee. Meet other families while you're here!

**Connecting Clans:** BBQ, games, activities, BINGO, and community information and more!

**Neighbour Day:** Burgers, hot dogs, kidz zone, touch a truck, community information and more!

**Active Living Fair:** Lots of prizes and all the community information you need for the fall!

**Blackfalds Community Expo:** Held during Alberta Culture Days, food trucks will be on site, along with community groups and organizations.

### LOCATIONS (unless otherwise specified):

**Alix:** Alix & Area Community Resource Centre - 5008 50 Ave.

**Bentley:** Bentley Town Office - 4918 50 Ave.

**Blackfalds:** Blackfalds Community Centre - 4810 Womacks Rd.

**Clive:** Clive Baptist Church - 4716 50th St.

**Lacombe:** FRN Office - #1102 4876A 46 St.

**Mirror:** Mirror Library - 5003 50 Ave.