

NOVEMBER 2022

program calendar

Stettler & Area
Family Resource Network
4901 51st Street, Stettler
403-740-2558

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Sunday
	1 10:00 Coronation Play & Learn 2:00 Veteran Play & Learn 6:00 Family Homesteading Canning with Antoinette	2 10:00 Altario Play & Learn 10:00 Donaldalda Play & Learn 12:00 Move Your Mood 3:15 Stettler Afterschool	3 10:00 Stettler Baby Buddies 1:00 Mom & Tot Art 3:30 Youth Drop In 6:30 Circle of Security Parenting 6:30 Stettler Play & Learn	4 3:15 Teen Writing Club	5
7 9:00 Stettler Play & Learn 10:00 BV Play & Learn 1:00 New Brigden Pre-K 2:30 Stettler Infant Massage 2:55 Erskine Lego Club	8 10:00 Coronation Play & Learn 2:00 Veteran Play & Learn	9 10:00 Altario Play & Learn 1:30 Mini Mindfulness 3:00 Veteran Afterschool 3:15 Stettler Afterschool	10 10:00 Stettler Baby Buddies 1:00 Mom & Tot Art 3:30 Youth Drop In 6:30 Circle of Security Parenting 6:30 Stettler Play & Learn	11 <i>Remembrance Day</i>	12
14 9:00 Stettler Play & Learn 10:00 BV Play & Learn 1:00 New Brigden Pre-K 1:00 Sharebear @ the FRN 2:30 Stettler Infant Massage 2:55 Erskine Lego Club 6:30 Infant Sign	15 10:00 Coronation Play & Learn 2:00 Veteran Play & Learn 6:00 Family Homesteading -Card Making	16 10:00 Altario Play & Learn 10:00 Donaldalda Play & Learn 12:00 Move Your Mood 1:30 Mini Mindfulness 3:15 Stettler Afterschool	17 11:00 Stettler Baby Buddies -with Alicia Tate Yoga 1:00 Mom & Tot Art 3:30 Youth Drop In 6:30 Circle of Security Parenting 6:30 Stettler Play & Learn	18 3:15 Teen Writing Club 6:30 Family Yoga Night with Alicia Tate Yoga	13 9:00 Babysitter Course @ Consort
21 9:00 Stettler Play & Learn 10:00 BV Play & Learn 1:00 New Brigden Pre-K 2:30 Stettler Infant Massage 2:55 Erskine Lego Club 6:30 Parent & Caregiver Support	22 10:00 Coronation Play & Learn 2:00 Veteran Play & Learn 6:00 Family Freezer Meals	23 10:00 Altario Play & Learn 12:00 Move Your Mood 1:30 Mini Mindfulness 3:00 Veteran Afterschool 3:15 Stettler Afterschool	24 10:00 Baby Swim Lessons 1:00 Mom & Tot Art 3:00 Teen Mental Health Group with The Wellness House 3:30 Youth Drop In 6:30 Circle of Security Parenting 6:30 Stettler Play & Learn	25 3:15 Teen Writing Club 5:00 Light The Night Event	19
28 9:00 Stettler Play & Learn 10:00 BV Play & Learn 1:00 New Brigden Pre-K 1:00 Sharebear @ the FRN 2:30 Stettler Infant Massage 2:55 Erskine Lego Club	29 10:00 Coronation Play & Learn 2:00 Veteran Play & Learn 6:00 Family Homesteading -Fearfully Made Designs	30 10:00 Altario Play & Learn 10:00 Donaldalda Play & Learn 1:30 Mini Mindfulness 3:15 Stettler Afterschool			20
					26 1:00 Dadurday- gift making with Dad!
					27